



HIGH SIERRAS



Name:

BHPA/licence Membership No:

Address:

Renewal Date:

Post code:

Current pilot rating:

Contact numbers (H):

(M):

Email:

School you attained CP & when:

DOB:

Weight & Height :

Details of travel insurance:

Emergency contact details:

Name:

Contact numbers

***note all information provide will be confidential.**

Glider manufacturer/type:	EN/DHV rating: Weight range: Wing colour:
Harness make/type:	EN/DHV rating:
Reserve parachute make/type:	Last repacked: Age: Type:
Instrument /GPS: Radio: Headset:	Type: Type: YES/NO
MEDICAL and FITNESS: (Kept confidential) Are you Medically fit to fly? Yes or NO Any pre-existing medical conditions or disabilities? (Hearing, sight, physical). Your level of fitness: good, average, or other. Please provide info' so we can help you when considering your fitness levels	

<p>EXPERIENCE:</p> <p>Flying Hours in total :</p> <p>Hours in the last 12 months</p> <p>It's very useful to have, use and bring a flight logbook. You should have been given one when you attained CP rating.</p>	<ul style="list-style-type: none"> • • •
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CURRENT EXPERIENCE:

Provide an honest synopsis of your current level of competence including hours flown, ground-handling skills, where you have flown, achievements?

What are your strengths and weaknesses?

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What is the longest time you have flown in one flight?

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How current are you? Outline your airtime/ number of sites flown in past 12 months?

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What other coaching have you had since leaving school?

What do you expect to get from your time with us? Be honest It just helps to know, when planning things and to try to get the best out of each day.

It would be useful to know if there are any specific aspects of your flying you feel you need advice with or what targets you are aiming for over stay.

For example it may be a specific skill, an area of knowledge, signing off tasks, attaining a rating, gaining confidence, site and flying conditions assessment, flight planning, first XC's, flying in company, use of instruments or maybe just airtime.

Please comment below:

